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1986-87
           Committee:
           Pres:
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Paul Sutcliffe V.P.s:

David Abbott(later Act.Pres.) -Dennis Lyons

Sec: Brendan Hewitt Treas: Ben Phillips

Reg: Bill McEwan Uni.Rep: Karen Wood Auditor: David Iveson

Recorder: Val Crisp

Coaches: Toby Schreier, Peter Crisp, Brenda Parkinson, Allan Hare(field)

& Bill Ross(also masseur).

New Members:

Grant Bond

Claire Bradley

Bronwyn Ackland(ex-Riv) Steve Camilleri(Pro) Don Blackwell(Pro)

Marie Bleakley(ex-ACT)

G. Farley

Allan Hare

Derek Green(ex-AH) Garry Green(ex-AH) pro.

Joanne Kerlogue Jim Mack(ex-WD) Kylie Matheson

Melba Hutchins

Mark Harris(ex-Pem)

Loren Su Megan Van Dyck Sherry Wadmore Robert Ziersch(Pro)

Simon Perkins

Members: Richard Gerrard

Graham Hill

Captains: Jonathon Abrahams &

· Aiden Kavanagh

Judith Gerrard

Peter Crisp (S)

Brian Chapman(Promo)

Susan Segraves (W)

Terry Calbert Virginia Hare Yiannis Mauropoulos

Winter 1986: State Champions

\* Flinders' first senior Jim Mack Senior Men's 10km.Road (30.05) men's Winter Title Brendan Hewitt Senior Men's 12km.X-Country (40.24) -- Appeal against DQ upheld. Yolanda Budich Senior Women's 4km.X-Country (14.23) -- 2 in a row Yolanda Budich Senior Women's 8km.X-Country (32.17)Lisa Tregenza U20 4km.X-Country (14.12)U20 6km.X-Country Lisa Tregenza (23.15)Marie Bleakley U20 5km.Road (20.05)Nikky Warren U18 4km.X-Country (18.48)Kym Janiak U18 6km.X-Country (20.56)Brett Cartwright U14 4km.X-Country (14.18) - 3 in a row Brian Chapman Vet.10km.Road (32.22)Brian Chapman Vet.15km.Cross-Country (52+)

Winning Teams:

Flinders won the Women's Gawler Relay(Kerran Oates, Susan Segraves, Claire Bradley, Yolanda

National	Performances:	Budich) in 35.14	
BRONZE	Lisa Tregenza	National U20 6km.X-Country	(22.19)
4	Yolanda Budich	National U18 4km.X-Country	(14.25)
6	John Kavanagh	National U17 4km.X-Country	(12.32)
8	Kym Janiak	National U18 6km.X-Country	(20.07)
8	Brett Cartwright	National U15 4km.X-Country	(13.07) team silver
-11	Marie Bleakley		(25.00)
12	Jim Mack	National Senior 12km.X-Country	(38.29)
12	Darren Abbott	The state of the s	(n.a.)
15	Kym Janiak		(n.a.)
15	Claire Bradley		(57.54)
22	Rebecca Parker		(n.a.)
24	Claire Bradley	National 8km.X-CountrySenior	(31.58)
29	Susan Segraves		(32.35)
40	Ben Phillips	National Senior 12km.X-Country	(40.40)
DNF	Brendan Hewitt	National Senior 12km.X-Country	
Unplaced	(All-Schools)Sonia	Zahirski, Paul Collins, Peter Thomas, Da	vid Gerrard,
Individua		ericho	

Individual Achievements

Brendan Hewitt was fastest leg at Gawler Relay(14.45)

Ben Phillips won the Southport 10km(33.11), Pinnaroo Mile(4.14) and was 6th.inNational I-V Cross-Country. Brian Chapman won the Pinnaroo 10km.

Jim Mack was 6th.in the Royal Life Half-Marathon national final in Perth(65+), won the Sandy Creek 10km. and Collonades 10km.(\$400).

Kym Janiak won the Coop. Channel 10 Schools 5km. Fun Run.

Heather Ashcroft won the Greenbelt Half-Marathon(82.12) with Peter Brett first overall(64.56)

# Individual Achievements...cont

Susan Segraves won Great Berliner Bun Run(37.34) from Brighton Jetty to Marino Light and back as well as Blackwood to Flinders(27.15)

Yolanda Budich won the Adidas 10km(37.38), Liz White the O-Bahn 14km(58.18), Anne Crawford captured Summit to Suburb and Claire Bradley took out the Pt.Noarlunga 15km(58.38). as well as the Southport 10km(39.26)

City-Bay was a boomer for us with Yolanda Budich(#2,43.46), Jim Mack(#2,36.38), Susan Segraves(#3,44.01) and Kym Janiak(#4,38.04) dominant.

Internationally Peter Brett won the Vastervik (Sweden) Half-Marathon in a record 65.10 with the result that he was invited to train in camp with the Swedish National Squad.

Summer:	State Champions				
1986-87	Greg Lyons	U20 5000m.	(15.15)		
	Geoff Forrest	U20 100m.	(11.68sec)		
	James Wood	U20 1500m.	(3.59.69)		
	Women's U20 4 x 100m	n.Relay(Susan Abbott, Bronwy	n Ackland, Lynda Radford, Natalie Dillon)		
			(48.93sec)		
	Women's U20 4 x 400r	n.Relay(Marie Bleakley,Susa	in Abbott, Lynda Radford, Natalie Dillon)		
			(4.01.8)		
	Darren Abbott	U16 1500m	(4.15.4)		
	Darren Abbott	U16 3000m.	(9.13.4)		
	Darren Abbott	Ul6 2000m.Steeple	(6.22)		
	Women's Ul6 4 x 400m.Relay(Loren Su, Barbara Burgemeister, Sherry Wadmore, Carolyn Krie				
			(4.18.0)		
	Women's U16 Medley I	Relay (Loren Su & 3)	(5.57.03)		
	Kylie Matheson	U14 100m.	(13.09sec)		
	Kylie Matheson	U14 200m.	(26.92sec)		
	Kylie Matheson	U14 90m.hurdles	(15.25sec)		
	Kylie Matheson	Ul4 Triple Jump	(10.06m)		
	Kylie Matheson	Ul4 Long jump	(5.00m)		
	Rebecca Parker	U14 800m.	(2.28.37)		
	Rebecca Parker	U14 400m	(64.26sec)		
	Raelene Tregenza	Vet.100m.	(13.11sec)		
			The state of the s		

(26.96sec)

(7th.heat)

(1.30m)

## Interclub:

National Performances:

Raelene Tregenza

Flinders 2nd.in B grade final, losing to WD by only 9 points.

Brenda Parkinson Vet.High Jump

Vet.200m.

GOLD	Darren Abbott	National U16 2000m.Steeple	(6.10.48) State U16 REC.
BRONZE	Kym Janiak	National Ul8 1500m.	(3.58.25)
4	Natalie dillon	Senior National 100yards	(11.59sec)
4	John Kavanagh	National Ul8 3000m.	(8.40.39)
4	Mark Harris	National U18 2000m.Steeple	(6.11)
6	Brendan Hewitt	National Senior Mile	(4.14.88)
6	Tony Brideson	National Ul7 Triple jump	(14.02m)
6	Greg Jericho	National U15 3000m.	(9.45.85)

Greg Jericho National Ul5 3000m. (9.45.85)7 National U20 5000m. Greg Lyons (15.40.82)12 Melba Hutchins National Ul5 Triple jump (10.08m)13 David Gerrard National U17 2000m.Steeple (6.46.8)

Kylie Matheson National Ul6 4 x 100m.Relay--leadoff runner. Unpl. DNQ Geoff Forrest National U20 110m.hurdle

Yiannis Mauropoulos National U19 110m.Hurdles

#### Record-Breakers:

Darren Abbott broke the State U16 2000m. Steeple Record with 6.10.48 at the Nationals. He was just one second outside the Australian Ul6 Record John Kavanagh broke the State U16 5000m. Record (15.33.8)

## Professional:

With the influx of five prominent pro runners as well as a legend pro coach,1986-7 saw Flinders branch into the exciting new area of "Open Athletics"(or Pro Aths). Kym Janiak won the Backmarkers Mile at the Bay and a large contingent stayed in a Halls Gap Motel over Easter to check out Stawell. They were so impressed that Stawell was to become a serious late-season goal for several and Tandara Hostel was booked for a club group.

### Individual Performances:

Greg Lyons won the Footylmpics distance race again, this time over 3000m.

Ben Phillips placed 4th.at B-grade Zatopek 10,000m. while Jim Mack, under the colours of Adelaide Uni, and Peter Brett, as EH, recorded outstanding times of 28.55 and 28.11 respect. Flinders was well represented at National I-V Track in May,1987 with Kerran Oates winning the 1500m.(4.35), Marie Bleakley placing 2nd.in the 10,000m. ,Ben Phillips nipping Jamie Harrison for 4th.in the 1500m.(3.57), Susan Abbott runner-up in the 100m(12.8sec) and the Medley Relay settling for 3rd. Don Blackwell failed to qualify for the 1500m.final.

#### National Rankings

16	Brendan	Hewitt	3000m	(8.16.6)
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Darren Abbott 2000m.Steeple (6.10.48) \* Junior only

24 Kerran Oates 800m. (2.09.9)

### Honours Won

SATFCA STATE DISTANCE COACH---Toby Schreier NATIONAL SUGAR INDUSTRY SQUAD---Natalie Dillon

SASSSA STATE BANK MEDAL---Kym Janiak & Nikky Warren(X-Country), Yolanda Budich(Track) & Grant Bond (Triathlon)

SASI SCHOLARSHIP---Again no Flinders athlete was deemed worthy of SASI funding. HELL SQUAD---Yolanda Budich, James Wood, Natalie Dillon, Phil Ryan, Bill Stockman.

"SHADOW SHELL SQUAD"--John Kavanagh, an Australian junior recordholder and dual state junior record-setter was excluded.

Club Awards:

Outstanding Male---John Kavanagh Outstanding Female---Susan Segraves
Patron's Trophy---Peter Crisp(Coaching, Committee, Conditioning Course, Interclub)
Most Promising Newcomer--Kylie Matheson Most Improved---No Award(too
Golden Shoe---Richard Gerrard many improvers)

### Administration:

- 1. Brendan Hewitt was appointed SA Little Athletics field officer.
- 2. An O-Week recruiting stall was instituted to maximise FU student membership.
- 3. Toby Schreier was elected to the AASA Winter Committee.
- 4. A feasibility plan for laying synthetic strips was revived, but no Council grant was forthcoming.
- 5. Thus our major facility development was the construction by Richard Gerrard of a primitive plank bridge across the Shepherds Hill creek.
  - 6. Flinders conducted a Colonial-style Jubilee 150 Meet in October featuring a straight 220 yard sprint, backwards running, putting the stone, 440 yard steeple, etc. Participation was low and it lost \$138. However we donated \$100 to the Anti-Cancer Foundation and the leftover stubbles came in handy at Crispy's Christmas Show.
  - 7. Problems were encountered with some members registering directly at OSF, thus bypassing the nominal Club fee and making communication difficult.
  - 8. After disappointments in dealing with AASA in 1984 & 1985, the following events prompted our president Paul Sutcliffe and promo.officer Brian Chapman to meet AASA president David Prince:
    - ----Toby's application for State Cross-Country Team Manager had been rejected.
    - ----A year-old Government grant for indoor conditioning course had still not been handed over.
    - ----Brendan Hewitt had his State Title in cross-country stripped over a registration technicality(He had registered, but the Club official had not forwarded the form in time).
    - ----Our application for funding a 1986 Indoor Conditioning Course had been rejected because we did not have a Grade 3 coach to supervise and sophisticated course guidelines had not been met.

These and other matters saw Flinders attend the 1987 AGM of the AASA in large numbers in an attempt to bring about improvements.

## Finance & Fund-Raising:

SA Road Runners added the Adidas Fun Run and the Grand Prix Run(worth \$2500 to us) to our collection of finish system money-raisers. Bruce Abrahams, operating People In Motion, chipped in with the Sunday Mail Half-Marathon and First Earth Run(\$1000) As a result, our athlete subsidy became the highest of any club(\$200 for Nationals trips,\$300 if in Brisbane or Perth).