1982-83 Committee:

Barry Venning Members: * Bob White Pres: Erica Reeve V.P.s: 'John Hewitt, Gloria Woodley Sec: Paul Sutcliffe Iris Shaw Treas: Gordon Nolan Andrew Kelly

Peter Crisp Reg: Jeff Powell & Brendan . Hewitt (Uni.Reps)

Captains: Paul Sutcliffe & Karen Moyle(W) Peter Crisp & Erica Reeve (S)

Coaches: Toby Schreier, Harley Dillon, Barry Venning, Brenda Parkinson

Manageress: Mrs.Tartoosie

New Members:	Heather Ashcroft	Peter Gibbard	Wally Olenich(ex-AH)
	Greg Cocks	Simon Haslam(ex-WD)	Jodie Perkins
	Mark Foreman(Ex-Hen.H)	Chris Lane(ex-Canada)	Sally Perkins
	Geoff Forrest	Paul McIntosh	Wendy Squire
	Steve Furlan	Kerran Oates	Lisa Tregenza(ex-EH)
	Sue Gaze	Rebecca Parker	

Winter 1982:

State Champions:	Richard Porter	S-J 5000m.Road	(15.49)
	Richard Porter	S-J 4km.X-Country	(12.59)
	Richard Porter	S-J 5km.X-Country	(16.58)
	Ian Maddison	U15 4km.X-Country	(13.58)
	Carolyn White	U13 1km.X-Country	(3.34)
	Richard Everson	Junior 10km.road Walk	(n.a.)"State Junior Best"

Winning Teams:

S-J Men's 4km.X-Country (Richard Porter, Andrew Hillam, David Woodley)

S-J Men's 5km.X-Country (Richard Porter, Simon Haslam, Ian Maddison)

Junior Women's 3km.X-country (Karen Moyle, Cheryl Kernick, Sue Gaze)

Western Shield (Rachel Parker, Rebecca Parker, Sally Perkins, Jodie Perkins, Carolyn White, Lisa Tregenza, Karen Moyle, Sue Gaze)

U15 Boys Patawalonga Relay(Paul McIntosh, Simon Parker, Ian Maddison, Darren Schreier) 4 x 1500m.in 22.40

U13 Girls 1km.X-Country (Carolyn White, Rachel Parker, Rebecca Parker)

National Performances.

National P	errormances.			
BRONZE	Lisa Tregenza	National	U15 2km.X-Country	(6.57)
10	Richard Everson	National	Senior 20km.Road Walk	(lhr.43min20sec)SA team
13	Kerran Oates	National	U19 4km.X-Country	(16.22) bronze.
1.5	Sue Gaze	National	U19 4km.X-Country	(16.51)
17	Carolyn Harkness	National	U17 2km.X-Country	(7.26)SA team silver.
19	Brendan Hewitt	National	Junior 8km.X-Country	(27.03)
_ 20	Cheryl Kernick	National	U17 2km.X-Country	(7.31)
20	Lisa Tregenza	National	S-J 2km.X-Country	(7.28)
23	Sally Perkins	National	U15 2km.X-Country	(7.40)
_ 24	Richard Porter	National	U17 4km.X-Country	(13.57)
25	Ian Maddison	National	U15 4km.X-Country	(14.42)
27	Andrew Hillam	National	U17 4km.X-Country	(14.01)
33	Pat Custance	National	Senior 12km.X-Country	(40.43)First Senior Winter
36	Wendy Squire	National	U15 2km.X-Country	(8.09) State rep.
46	Mark Foreman	National	U17 4km.X-Country	(15.08)

Schreier was manager of the SA schools team competing at Craigburn(Minda).

Then the Nationals were held at Craigburn in 1982, Flinders was allocated The stand's team to liaise and host. This tradition has continued since.

Individual Achievements:

- Italia Lame & Tom Conley contested the Wictorian X-Country Championships at Bundoora, with Conley finishing a creditable 9th. in under 16.
- In Irighton High School won the Victor-Morialta 100km.Relay for schools(6hrs29min06) with Tony Rice and later member Jonathon Abrahams on its team.

Lame won the Kuitpo 8km.(32.15)

. (26.40). Two Bridges 13km.at Murray Bridge(46.01) and Two Jetties 8km(26.40). The larvis Ford Mini-Marathon from OSF during an international

Summer 1982-8	3: State Champions	S				
	Karen Moyle	U20	400m.	(58.1sec)		a
	Louise Grote	U20	800m.	(2.23.4)		
	David Woodley	U18	800m.	(1.55.4)		
	Richard Porter	U18	2000m.Steeple	(6.20.1)		
	Simon Haslam	U18	1500m.	(4.08.2)		
	U18 4 x 400m.Relay	(Davi	id Woodley, Richard	Porter, Simon	Haslam, Tim	Wieberdink)
				(3.27.9)		
	Anne Hopkins	U18	200m.	(24.8sec)		
	Lisa Tregenza	U16	1500m.	(4.47.8)		
	Lisa Tregenza	U16	3000m.	(10.39.4)		4
	Robyn Woodley	U16	800m.	(2.17.5)		
	Greg Cocks	U16	2000m.Steeple	(6.39.6)		
	Don Leadbetter	Vet.	.Hammer	(39.00m)4	in a row	
	Glenn Powell	Vet.	.Pole Vault	(3.45m)		
	Brenda Parkinson	Vet.	.90m.Hurdles	(14.4sec)		•
<pre>Interclub:</pre>	A combined Elinder	s / Sa 1	lishury girls team	won the Women	n's C grade	nremiershin

National	Performances:		
GOLD	Greg Cocks	National Ul6 2000m.Steeple	(6.25.9)
GOLD	Brenda Parkinson	National Vet.80m.hurdles	(13.4sec)
GOLD	Brenda Parkinson	National Vet.400m	(68.5sec)
GOLD	Natalie Dillon/Ann	Hopkins National U19 4 x 100m.Relay	(47.0sec)
SILVER	Lisa Tregenza	National Ul6 1500m.	(4.41.34)
SILVER	Kerran Oates	National U19 800m.	(2.17.27)
SILVER	Kerran Oates	National Ul9 1500m.	(4.53.05)
SILVER	Anne Hopkins	National U19 200m.	(25.00sec)
SILVER	Tim Wieberdink	National U18 4 x 400m.Relay	
SILVER	Tim Norman	National little Athletics 1500m.Wa	lk
SILVER	Brenda Parkinson	Vet.100m.	(14.8sec)
BRONZE	Jane Lewry	National U17 3000m.Walk	(15.36.70)
BRONZE	Lisa Tregenza	National U16 3000m.	(10.18.81)
BRONZE	Richard Porter	National U17 2000m.Steeple	(6.07.3)
4	Carolyn Harkness	National U17 800m.	(2.23.22)
4	Natalie Dillon	National U15 100m.	(12.47sec)
5	Ann Hopkins	National U19 100m.	(12.36sec)
5	Sue Gaze	National Ul7 3000m.	(11.05.93)
6	Tim Wieberdink	National U18 400m.	(51.18sec)
6	David Woodley	National U17 800m.	(1.58.05)
6	Tom Conley	National U17 1500m.	(4.11.78)
6	Natalie Dillon	National U15 200m.	(25.34sec)
6	Rachel Parker	Pacific School Games(11)800m.	(2.36.41)
7	Greg Cocks	National U17 2000m.Steeple	(6.33.6)
7	Natalie Dillon	Pacific School Games(15) 200m.	(25.88sec)
8	Kerran Oates	Pacific School Games(Open)1500m.	(4.48.7)
8	Jane Lewry	Pacific School Games(Open)1500m.Wa	1k(7.26.5)
8	Tom Conley	National U17 3000m.	(9.45.8)
8	Simon Haslam	National U18 1500m.	(4.06.19)
8	Anne Hopkins	National Ul8 100m.	(12.79sec)
8	Paul McIntosh	Pacific School Games(13) 800m.	(2.12.6)
8	Darren Abbott	Pacific School Games(11)800m.	(2.23.83)
9	Fiona Lawrie	Pacific School Games(13) 800m.	(2.28.39)
10	Jenny Shaw	National U15 3000m.	(11.20.3)
Unpl.in	Pacific School Games	sSimon Haslam, Tim Wieberdink, Ann Hopki	ns,Karen Moyle

Record Breakers:

Greg Cocks	State U16 2000m.Steeple record	(6.21.1)
Lisa Tregenza	State Ul6 Mile record	(4.55.3)
Kerran Oates	State U18 & U20 1000m.record	(2.55.3)

^{**}Peter Crisp(400m.& Relay), Paul Sutcliffe(1500m.) & Lisa Tregenza(1500m) represented SA in the SA ν VIC ν TAS ν AIS Interstate match.

3000m.Steeple

(9.07.7)

Individual Achievements:

1. Kerran Oates(3.46.4) and Heather Ashcroft(3.50.4) ran 1-2 in a women's 1000m. steeplechase during an international meet this season.

2. Peter Brett,at 19, gave Flinders its first significant international profile. Early 1982,he left to travel the world, hoping that his running ability and contacts would open doors. He raced extensively:

April-4th.Colchester (S'Hampton) Marathon(2.38)
-Southampton Half-Marathon(1.13)

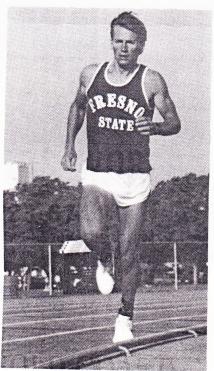
Then -Edinburgh Fun Run, ist.
-Edinburgh Marathon(2.39)

**Peter had previously jogged the Halls Gap Marathon with Bruce Abrahams in 3.15 Then -lst.Oslo-Loppet 10km.X-Country(33.10) defeating 5500 runners.

Following this, he lived free at Oslo CPE and worked casual for the Bislett Games meet director.
Then-Stockholm Marathon(2.52)

Training 200kpw and daily gym, he flew to USA to check out college scholarship opportunities.

Nov--New york Marathon(2.53)
Brett returned to SA that summer, but in 1983
travelled overseas again, eventually settling
on Hancock JC, Santa Maria, California where he
went undefeated in cross-country and set a
school 10,000m.record of 29.35. In 1984 he
transferred to Fresno State where he set a school
10000m.record and qualified for NCAA(Div.1) final.
In 1985-86 he held an AIS scholarship in
Canberra, the first SA runner to receive a "full
ride". However in mid-1986 he left for what have
become regular and prolonged soujourns in Europe
based mainly at Vastervik, south of Stockholm.



Peter Brett

Honours Won:

Presentation Day was again a BBQ at Flinders changerooms. The patron's trophy was won by Iris Shaw, but other recipients are not known.

£LL SQUAD--Brendan Hewitt

Administration:

1. Club uniforms were obtained through Rowe & Co.sports store.

2. A large Flinders AAC banner was manufactured for display purposes.

Finance & Fund-Raising: In July the Committee considered "a scheme to financially assist Flinders athletes selected to take part in International or Interstate competition". As a result a "Grants Account" was established and various fundraisers were organised. eg.Film Night, Disco, Tee-Shirt sales and a 24 Hour Relay in late December. It was decided to treat all competition levels similarly (from National Open to National Primary) if fund-raising effort by the athlete or family was equal. However fund-raising was slow and the initial grants were not made till early 1984.

 $\underline{\text{Coaching:}}$ In June, a distance runners camp was conducted at TOC-H, Victor Harbour, featuring Jack Pross as an energetic guest coach.

Paul Sutcliffe assisted Barry Venning in the continuation of the Winter Conditioning Course. Brenda Parkinson was a welcome addition to our coaching staff from June 1982.

Social: BBQ, Disco, Easter trip to SA Country Championships at Barmera.



Parkinsons' family

Glynis and Chris Nunn, eat your hearts out!

You only went to the Commonwealth Games together but here we see Brenda and Godfrey Parkinson, who have both set world records, AND · on the same day.

Though, perhaps, it is fair to say the stan-dards were somewhat different.

The Parkinsons were two of the 10-person teams who set world veteran 24-hour relay records around Adelaide Harriers track late last month.

Record

The women's team, which broke the over 35 year's record with 198 miles, 171 yards, comprised Helen Alderson, Sonia Simpson, Leone Byrnes, Mary Rhodes, Lynn Boyce, Carol Lowe, Sue Wor-ley, Eva Quinn and Sheila Malbut, as well as Brenda.

Joining Godfrey in the men's 50-57 year team, which covered 234 miles, 1191 yards, were Allan Hartley, Frank Murphy, Brian Jones.

By Helen Menzies

record

Bill Caudle, Gordon Inwood, Ron O'Neil, Andrew Docherty, Den-nis Haynes and Roy Sutcliffe.

Brenda and Godfrey typify the many ath-letes who are pouring into the veterans movement after "pauses" in their sporting careerssometimes pauses of more than 20 years.

Brenda, 46, a part-Brenda, 46, a part-time comptometrist. was a good enough sprinter as a young woman to represent South Africa five times in the 80m.

Moved

She gave up running when she and Godfrey returned to England in 1960 and had a son Regan and daughter Carreen (who has become an SA sprinting and touch football representative).

Godfrey had been a champion schoolboy and club level middle distance runner in Cape-town but retired until the family moved to Adelaide in 1963, when Veterans Athletics was just getting under way.

Godfrey joined the men's association, and Brenda helped form the women's a few years later, with Marg Cahill. Aileen Miller Sheila Malbut.

Since both have been twice to national and international veterans championships, with Brenda bringing home four gold and a silver and Godfrey a bronze from the Oceanic Games in Fiji last

To go with her share in the world 24-hour relay record, Brenda holds the fastest Australian age group marks for 80 and 100m hurdles.

THE NEWS. .. BEST SPORTING PAPER IN SA

Warning-

interclub Olympic are burning,
THE Woodleys are burning
and that news should have the alarming effect of a bushfire alert on the State's junior athletes competing at final at weekend's grand

Robyn and David Woodley, coming the first sister and brother to win SA titles in who take the track for Flin-State championships by beders, created history at recent

the same event.
Robyn, 14, took the under 16, 800m in 217.5, while David, 16, won the under 18 in 155.4,

Westminister

In the grand final, the surprise packet of the Inter-Club Athletics season, Enfield Harriers, has seen its premiership hopes crash through the ineligibility of star athletes.

State representatives Jean-ette Kieboom, Melinda Cilento Clapp (400m hurdles) have not qualified due to insuffi-(both javelin) and Sonia

Enfield's demise opens the way for last years women's premier Port Adelaide to prevail again

In the men's final, CTC has favorites in Ivan Coles Chris Simon (hurdles). (sprint).

Richard Everson (walk) dom-inating the track. ond with Leon Mayes (400m), Cameron Bell (800m), Warren Partland (1500m)

the Woodleys

Sportsfield.

both personal bests.

Their wins came from bold front running tactics, one of the many things they share.

Robyn and David attend 'estminister School, are coached by Toby Schreier, and represented the State as Mitchell Park Little Athletes.

cient appearances in minor round.

(long jump), Gregoric Plaw-ecki (triple jump), Claudio Nunn Carthy Enfield should finish sec-Centofante (shot and discus) Johnson and Gary jump).

Robyn and David Woodley on a training run by the Torrens

Tapoy hornecoming games athletes

who were expected to do well -- steeplemedals among Flinders Amateur Athletic Club's State representatives at the Brisbane Pacific homecoming was far School Games, thei from bleak.

team ran their best times, said one of the club's coaches Toby "Everyone in the Schreier.

petition was very com-Although, the

chasers Richard Porter were forced to withdraw with flu. and Brendan Hewitt

"Another problem is how hard do you press young athletes,' he said.

200 competi-

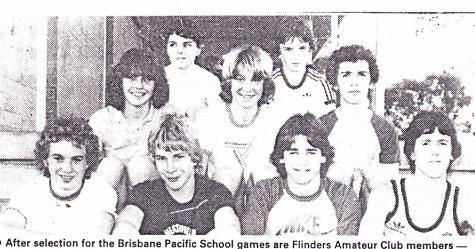
mers went to the games from SA. Representatives from the Flinders club were ter, Heathfield; Paul McIntosh, Belair; Bren-dan Hewitt, Clapham; Karen Moyle; Kerron Oates, Warradale; Tim Weiberdink, Upper Clapham; Richard Por-Anne Hopkins, Mornhett Vale: Natalie Dilphett Vale; Rachel Par-Darren Abbott, of Mor Sturt; Simon Haslam cer, Flagstaff Two team members

Flinders Flyers has members from primary cetter known as the and secondary schools Amateur Athletic Club Jane Lewry, Marion.

lon, Clarence Park, and

Flinders

extending from Heath-field to Morphett Valc to Glenelg. Brenda Parkinson 278 8516, and Toby Schreier 278 6426. Paul Sutcliffe 298 2145, Club contacts



• After selection for the Brisbane Pacific School games are Flinders Amateur Club members—back row (from left): Rachel Parker an 800 metres runner; Darren Abbott, 800 metres. Centre row: Karen Moyle, 400 and 800 metres; Kerron Oates, 1500 and 3000 metres; Paul McIntosh, 800 metres. Front row: Tim Weiberdink, 400 metres; Richard Porter, steeplechase Brendan Hewitt, steeplechase; and Simon Haslam, 1500 metres. Not in the picture are Anne Hopkins, 100 and 200 metres; Natalie Dillon, 100 and 200 metres; and Jane Lewry, 1500 metres walk.