- 9/06 SAPSASA Cross-Country (Oakbank): 2km (10yrs) Jarrod Scutchings 6<sup>th</sup> 8.18.58, 3km (11yrs) Tom Donaghey 37<sup>th</sup>, Jye Lemmers 56<sup>th</sup>, (12yrs) Mitchell Wyatt 1<sup>st</sup> 11.09.46, (13yrs) Aidan Ross 1<sup>st</sup> 10.53.19, Jacob Hughes-Maddison 12<sup>th</sup> 11.51.03, Tom Esser 20<sup>th</sup> 12.09.37, (14yrs) Blake Higgins 7<sup>th</sup> 11.33.94, 4km (15yrs) Casey Buchanan 1<sup>st</sup> 14.23.14, Jake Burden 43<sup>rd</sup>, 5km (16yrs) Patrick Goodwin 2<sup>nd</sup> 17.44.42, Bailey Dyer 3<sup>rd</sup> 18.09.40, Nicholas Dallimore 6<sup>th</sup> 18.51.01, 6km (Open) James Ashby 2<sup>nd</sup> 21.11.18, Cameron Clohesy 6<sup>th</sup> 22.03.80. Women: 2km (10yrs) Lara Higgins 6<sup>th</sup> 9.08.77, Ashlee Wyatt 128<sup>th</sup>, 3km (11yrs) Kiera Ross 2<sup>nd</sup> 12.22.78, Rosie Hughes-Maddison 16<sup>th</sup> 13.37.39, (12yrs) Keeley Kustermann 7<sup>th</sup> 12.59, Talitha Montgomery 11<sup>th</sup> 13.14, (15yrs) Charlotte Derbyshire 1<sup>st</sup> 11.07, Ava Harris 24<sup>th</sup>, Bonnie Doran 27<sup>th</sup>, 4km (Open) Fern Davies 5<sup>th</sup> 17.51.40, Katelyn Nicholson 34<sup>th</sup>.
- 11/06 **SAMA Winter Season:** (5km) Richard McMahon 19.44.
- 12/06 Lake Burley Griffin Walk Carnival (Canberra). Women: 10miles Tanya Holliday 1st 1.12.58.
- 19/06 **ASA Running SA 5&10km Championships:** 10km (O/50) Michael Cocks 1<sup>st</sup> 36.12, (Open) Jacob Cocks 2<sup>nd</sup> 31.55, Adam Bishop 5<sup>th</sup> 33.06, Matthew Ferber 6<sup>th</sup> 33.15, Fearon Kelly 11<sup>th</sup> 41.29, 5km (U/18) Patrick Goodwin 1<sup>st</sup> 16.13, (U/14) Aidan Ross 1<sup>st</sup> 18.01. **Women:** 10km (U/20) Fleur Wellings 1<sup>st</sup> 40.53, 5km (Open) Lucy Buckley 5<sup>th</sup> 18.15, Alexis Gillham 8<sup>th</sup> 23.37, (U/18) Fern Davies 3<sup>rd</sup> 19.18, (U/16) Charlotte Derbyshire 17.35.
- 25/06 **ASA Intermediate Cross Country Championships:** 4km (U/16) Casey Buchanan 2<sup>nd</sup> 13.33, (U/18) Patrick Goodwin 1<sup>st</sup> 13.36, Bailey Dyer 3<sup>rd</sup> 13.45, Cameron Clohesy 4<sup>th</sup> 13.45, 6km (U/20) Tom Lancaster 3<sup>rd</sup> 21.43, (O/50) Richard McMahon 2<sup>nd</sup> 24.53, 8km (Open) Jordan Harvey 6<sup>th</sup> 29.00. **Women:** 4km (U/16) Charlotte Derbyshire 1<sup>st</sup> 14.58, (U/18) Fern Davies 4<sup>th</sup> 16.49, (U/20) Fleur Wellings 1<sup>st</sup> 16.40, 8km (Open) Lucy Buckley 3<sup>rd</sup> 24.20.
- 2/07 Southern Cross University 10km (Gold Coast). Jacob Cocks 16<sup>th</sup> 31.01, (M50-54) Michael Cocks 1<sup>st</sup> 36.07.
- 3/07 **Gold Coast Half-Marathon:** Adam Bishop 28<sup>th</sup> 1.10.34.
- 10/07 **ASA Long Course Cross Country Championships:** 3km (U/14) Aidan Ross 1st 10.41.84, Tom Esser 3rd 11.52.13, 4km (U/16) Scott Goodwin 4th 16.32.08, (U/18) Patrick Goodwin 2nd 20.59.47, Cameron Clohesy 3rd 21.08.67, Bailey Dyer 4th 21.19.27, 10km (Open) Riley Cocks 1st 32.40.99, Jacob Cocks 2nd 33.04.21, (O/50) Michael Cocks (entered O/35) 2nd 38.06.65, Richard McMahon 2nd 33.26.83. **Women:** 3km (U/14) Kiera Ross 12.18.54, 4km (U/16) Charlotte Derbyshire 1st 15.01.39, (U/20) Fleur Wellings 1st 27.15.13.
- 16/07 **Park Run Victor Harbor (5km):** Lachlan Scott 1<sup>st</sup> 15.47 (REC), Matthew Cole 2<sup>nd</sup> 17.52, Robert Killmier 3<sup>rd</sup> 18.05, Richard McMahon 5<sup>th</sup> 19.18. **Women:** Fleur Wellings 1<sup>st</sup> 21.06.
- ASA Botanic Relays: 3x1.5km (U/14) Tom Esser 5.07, Tom Donaghey 5.54, Tom Esser 5.14, (U/18) 2nd 13.31 Nick Dallimore 4.20, Scott Goodwin 4.47, Cameron Clohesy 4.24. 3x3km (Open 'A') 1st 24.54 Jordan Hewitt 8.13, Jacob Cocks 8.27, Riley Cocks 8.13, (Open 'B') 4th 26.07 Adam Bishop 8.37, Jordan Harvey 8.52, Lachlan Scott 8.38, (Open 'C') 12th 29.44 Robert Killmier 9.26, Michael Cocks 10.08, Matthew Cole 10.10, (O/50) 1st 32.21 Mike McAuliffe 10.16, Richard McMahon 10.16, Paul Sutcliffe 11.49, (U/20) 2nd 27.28 Tom Lancaster 9.18, Patrick Goodwin 8.46, Lachlan Bateman 9.24. Women: 3x3km (U/20) 1st 31.56 Charlotte Derbyshire 9.46, Fern Davies 10.33, Fleur Wellings 11.37.
- 30/07 Park Run Christies Beach (5km): Fearon Kelly 6th 19.33. Women: Alexis Gillham 1st 21.52.
- 30/07 Park Run Torrens (5km): Aidan Ross 4<sup>th</sup> 17.54.
- 6/08 Park Run Torrens (5km): Aidan Ross 4<sup>th</sup> 17.54.
- 7/08 **ASA Fitzy's '5':** 5km 3<sup>rd</sup> Jacob Cocks 15.06, 6<sup>th</sup> Lachlan Scott 15.16, 11<sup>th</sup> Patrick Goodwin 15.36, 17<sup>th</sup> Bailey Dyer 16.07, 25<sup>th</sup> Tom Lancaster 16.27, 29<sup>th</sup> Cameron Clohesy 16.41, 37<sup>th</sup> Aidan Ross 16.58, 38<sup>th</sup> Lachlan Hennig 17.05, 61<sup>st</sup> Richard McMahon 19.10, 77<sup>th</sup> Tom Esser 20.02. 10km 3<sup>rd</sup> Michael Cocks 36.53, 7<sup>th</sup> Fearon Kelly 40.03. **Women:** 5km Charlotte Derbyshire 17.17, 11<sup>th</sup> Lucy Buckley 18.26, 26<sup>th</sup> Alexis Gillham, 30<sup>th</sup> Fleur Wellings 20.12, 52<sup>nd</sup> Ruby Buchanan 22.43, 55<sup>th</sup> Samantha Scott 23.10.
- 13/08 **Park Run Christies Beach (5km):** Jordan Harvey 1<sup>st</sup> 16.12 (Rec).

- 12-21/8 Rio de Janeiro, Brazil: Olympic Games. Women: 20KW (26) Tanya Holliday 1:34.22.
- 24/08 **SAPSASA Southern Heights & City South District Day**: 800m Mitchell Wyatt 1<sup>st</sup>, Jarrod Scutchings 1<sup>st</sup>, Jye Lemmers 2<sup>nd</sup>, Tom Donaghy 7<sup>th</sup>. **Women:** 100m Emma Hejka 1<sup>st</sup>, Marielle Burns 1<sup>st</sup>, 200m Emma Hejka 1<sup>st</sup>, Keeley Kustermann 2<sup>nd</sup>, Marielle Burns 2<sup>nd</sup>, 800m Keeley Kustermann 1<sup>st</sup>, Lara Higgins 3<sup>rd</sup>, Ashlee Wyatt 4<sup>th</sup>, Sienna Mansor 4<sup>th</sup>, Olivia Mansor 5<sup>th</sup>.
- 27/08 **Park Run Torrens (5km):** Fearon Kelly 8<sup>th</sup> 19.00. **Women:** Alexis Gillham 1<sup>st</sup> 19.47.
- 27/08 **SAMA Winter Program:** 8km Richard McMahon 32.36.
- ASA City Relays: 3x4km (U/18) 1st Cameron Clohesy 13.30, Bailey Dyer 13.49, Patrick Goodwin 13.24, (U/20) 2nd Nicholas Dallimore 14.02, Lachlan Bateman 13.51, Mitchell Wyatt 15.47, (O/50) 1st Michael Cocks 16.16, Mike McAuliffe 15.35, Paul Sutcliffe 17.41, 3x6km (Open) "A" 2nd Jacob Cocks 18.54, Lachlan Scott 20.29, Adam Bishop 19.51, "B" Steven Evanson 23.23, Matt Cole 22.28, Matthew Ferber 21.23, "C" Féaron Kelly 23.56, Mike McAuliffe 24.26, Michael Cocks 26.40.

  Women: 3x4km (U/20) 1st Charlotte Derbyshire 15.21, Fern Davies 16.00, Fleur Wellings 17.22, (Community Team) Bec Bishop 26.37, Sam Scott 21.17, Helen Allnutt 21.27, 3x6km (Open) 3rd Alexis Gillham 25.22, Lucy Buckley 24.36, Vanessa Alvaro 25.57.
- 10/09 **Park Run Christies Beach (5km):** Jordan Harvey 1<sup>st</sup> 16.11 (Rec).
- 10/09 **Sycamore Cross-Country Invitational (8km):** Jordan Hewitt 9<sup>th</sup> 25.46.
- 17/09 **Park Run Torrens (5km):** Dylan Chenoweth 1<sup>st</sup> 18.16, Fearon Kelly 7<sup>th</sup> 19.56. **Women:** Alexis Gillham 1<sup>st</sup> 20.44.
- 18/09 **City-Bay Fun Run 6km:** Scott Goodwin 23.56, Tom Esser 24.15, Tom Donagehy 27.20. **Women:** Ruby Buchanan 28.37.
- City-Bay Fun Run 12km: 10<sup>th</sup> Jacob Cocks 37.37, 17<sup>th</sup> Adam Bishop 39.07, 18<sup>th</sup> Lachlan Scott 39.35, 27<sup>th</sup> Matthew Ferber 40.57, 32<sup>nd</sup> Jordan Harvey 41.37, 49<sup>th</sup> Matthew Cole 42.41, 51<sup>st</sup> Dylan Chenoweth 43.00, 53<sup>rd</sup> Michael Cocks 43.05 (O/50), 64<sup>th</sup> Nicholas Dallimore 43.50 (U/18), 79<sup>th</sup> Steven Evanson 44.49, 81<sup>st</sup> Nicholas Brooke-Anderson 44.52, 99<sup>th</sup> Steven Maxwell 45.26, 130<sup>th</sup> Mike McAuliffe 46.24 (O/50), 145<sup>th</sup> Nathan Lang 46.42, 147<sup>th</sup> Kieran Hewitt 46.45, 180<sup>th</sup> Richard McMahon 47.46 (O/50), 539<sup>th</sup> Paul Sutcliffe 52.16 (O/50), 729<sup>th</sup> Blake Higgins 53.28 (U/16), 1310<sup>th</sup> Gunther Anderson 56.37 (O/50). Women: 471<sup>st</sup> Fleur Wellings 51.17, 494<sup>th</sup> Vanessa Alvaro 51.28, 1180<sup>th</sup> Tanya Holliday (walking) 55.58, Samantha Scott 57.23, Helen Allnutt 61.39, Siobhan Doran 64.55 (U/18), Gloria Holliday (walking) 76.22.
- 18/09 **Sydney Marathon: Women:** Chantel Peacock 18<sup>th</sup> 3.14.39.
- 24/09 **Roy Griak Cross-Country Invitational (8km) Minneapolis USA:** Jordan Hewitt 45<sup>th</sup> 25.55.7.
- 25/09 **ASA La Femme '5' (5km): Women:** Charlotte Derbyshire 1<sup>st</sup> 17.45.6, Lucy Buckley 5<sup>th</sup> 18.26.8, Fern Davies 8<sup>th</sup> 19.03.6.
- 27/09 **SAPSASA Athletics Championships Metro:** 800m (10yr) Jarrod Scutchings 15<sup>th</sup> nt, (12yr) Mitch Wyatt 2<sup>nd</sup> 2.25.99, (13yr) Tom Esser 15<sup>th</sup> 2.34.22, Long Jump (11yr) Lachlan MacNab 4<sup>th</sup> 4.19, Jye Lemmers 7<sup>th</sup> 3.86. **Women:** 100m (11yr) Marielle Burns 5h1 14.98, (12yr) Emma Hejka 1h3 13.62, 4<sup>th</sup> 13.45, 800m (11yr) Kiera Ross 2<sup>nd</sup> 2.40.94, (12yr) Keeley Kustermann 4<sup>th</sup> 2.36.75, Discus (11yr) Kiera Ross 17<sup>th</sup> 11.33m.

## **Acknowledgements:**

SAPSASA, SAAL, SAMA, Athletics SA, Running SA