



# *Flinders Athletic Club*

*www.flindersac.com*



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## **Benefits of Joining Flinders Athletics Club**

- You will be registering with an Athletics SA (ASA) and STAR CLUB recognised club.
- If you want to compete within ASA events and are currently 'unattached' with ASA, you could join Flinders at a minimal cost with potential benefits for your athletic goals.
- Coaching options to help you towards whatever your running goals are

**The cost to register with Flinders is from \$25 to \$60 per year and the benefits of Flinders Club membership include:**

### **Athlete support fund:**

This fund is to provide some financial support to flinders athletes representing their state or country in amateur athletic competitions.

Anyone who has:

- made a state or national team in a recognised event
- been a financial member for more than 12 months
- volunteered to help the club twice (e.g. sponsorship, helping setup at club events, helped at Santos when flinders is duty club, mentoring, be on committee, help at finish of City Bay Fun Run, donate goods or services, etc.).
- filled in the application form, which is then approved by the committee;

is eligible for financial support from the club to help relieve some of the financial burden for travelling to compete at a higher level.

### **Social:**

Christmas BBQ, a chance to relax before the serious part of the summer season begins.

There is a lot of support from our members on our Facebook site and during training sessions as well as other social runs on the weekends.

Annual Presentation Night (& AGM), see below for awards.



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Only registered members can vote in the AGM, but members do not need to also be registered with ASA to vote.

Any Flinders athlete also registered with ASA can be involved in summer and winter relay competitions. These are great fun and competitive events. For winter relays we often have unofficial teams also entered with members who are not registered with ASA.

## **Club Awards:**

Any financial member is eligible for the clubs most outstanding and most improved awards which are given for males and females of all age groups.

Also special awards for:

Best Newcomer (in first full year of competition)

Best Summer Athlete

Best Winter Athlete

Club Champion

Best SAAL Male

Best SAAL Female

## **Access to discounted services:**

We have just started working with local companies to benefit both parties. For example *PhysioAction* Brighton Rd Hove, and *Intersport* at Blackwood gives a discount and offers other promotions throughout the years to all club members.

If you are interested in joining or want more information please don't hesitate to contact the club.