

FLINDERS AC RESULTS No1 2015-16

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- 21/10 **SAMA Program A1 Scratch:** 200m Richard McMahon (-2.0) 1h1 30.48, 1000m Richard McMahon 6th 3.18.
- 22/10 **SAPSASA Metro State Day:** 200m Mitchell Wyatt U/14 31.27, 800m Aidan Ross 1st U/14 2.22.38, Mitchell Wyatt U/14 4th 2.34.75, Jye Lemmers 8th U/14 2.50.80, High Jump Jye Lemmers U/14 1.20m. **Women:** 800m Keeley Kustermann 3rd U/14 2.35.44.
- 24/10 **Parkrun Torrens:** 5000m Shane Thiele 2nd 16.15 (83.38%).
- 16/10 **SAAL Henley Beach:** 120m. Luke Houlihan (5.25m) 3h4 13.165, Damian Tohl (7.00m) 3h1 13.657, 400m Casey Buchanan (38m) 3rd 49.36, 3h1 50.35, Richard McMahon (58m) 5th 51.12, 4h1 52.86, Luke Houlihan (19m) 5h1 53.06, 800m Tom Lancaster (65m) 2nd 1.52.97, Jordan Harvey (88m) 4th 1.53.87. **Women:** 120m. Jessica Macolino (13.00m) 4h2 15.245.
- 17/10 **ASA Club Day:** 400m Richard McMahon 61.89, Aidan Ross 66.34, 800m Nicholas Dallimore 2.09.38, Aidan Ross 2.21.73, Richard McMahon 2.23.15, 1500m Nicholas Dallimore 4.39.68, Mitchell Wyatt 5.05.25.
- 24/10 **ASA SA All Schools Championship:** 800m. Nicholas Dallimore 2.04.38, Patrick Goodwin 2.04.91, Casey Buchanan 2.07.59, Isaac Fishlock 2.10.61, Mitchell Bray 2.17.73, Aidan Ross 2.17.87 (U/14 NQ), Blake Higgins 2.30.40, 1500m Patrick Goodwin 4.16.14, Casey Buchanan 4.19.80, James Ashby 4.21.00, Aidan Ross 4.32.20 (U/14 NQ), Mitchell Bray 4.50.38, Isaac Fishlock 4.58.79, Blake Higgins 5.13.03, 2000m St (0.762) Nicholas Dallimore 6.37.67. **Women:** 800m Gemma Plummer 2.22.66, 1500m Charlotte Derbyshire 4.46.78, Discus (1kg) Luana Kidney 26.16m, Shot Put (3kg) Luana Kidney 8.30m.
- 31/10 **ASA Interclub 1A:** 100m Ossi Tyler-Dowd 12.69, 400m Nicholas Dallimore 55.94, Ossi Tyler-Dowd 58.01, 800m Tom Lancaster 2.01.63, Nicholas Dallimore 2.08.94, Mitchell Bray 2.18.18. **Women:** Shot Put (3kg) Luana Kidney 8.55m.
- 1/11 **SAAL Toby Schreier Flinders Pro Meet:** 70m. Luke Houlihan (4.75m) 1h51 7.885, 1s2 7.689, 1st 7.636, Nickolas Berry (8.25m) 2h5 7.975, 6s2 8.169, James Bayliss (5.00m) 4h4 7.941, 200m Nickolas Berry (24.00m) 2h2 21.00, 2s1 21.03, 5th 22.00, Luke Houlihan (8.00m) 1h6 22.00, 6s1 23.52, 800m Tom Lancaster (65m) 1st 1.50.95, Richard McMahon (115m) 7th 1.57.36, Tom Snyder (36m) 10th 2.04.36, Casey Buchanan (50m) 3rd (U/20) 1.57.99, Mitchell Wyatt (U/20) 10th 2.18.42, Paul Sutcliffe (44m) 6th (O45) 2.36.88. **Women:** 120m. Jessica Macolino (9.25m) 2h6 8.475, 4s1 8.570, 200m Tegan Kustermann (20m) 1h5 24.80, 4s1 24.77, Jessica Macolino (24m) 3h6 24.82, 800m Lucy Buckley (15m) 5th 2.19.03, Tegan Kustermann (40m) 7th 2.23.95.
- 4/11 **SAMA Program C1 Scratch:** 5000m Peter Brett 2nd 17.43.
- 7/11 **ASA Interclub 2B:** 100m Moses Milsom 12.07, Ossi Tyler-Dowd 12.42, 200m Ossi Tyler-Dowd 25.30, Thomas Snyder 25.35, 800m Thomas Snyder 2.06.66, Isaac Fishlock 2.14.64, Mitchell Bray 2.17.89, Blake Higgins 2.35.55, 1500m Tom Lancaster 3rd 4.08.32, Nicholas Dallimore 4.29.72, Aidan Ross 4.31.12 (U/14 NQ), Mitchell Bray 4.43.46, 3000m Patrick Goodwin 1st 9.15.36 (U/17 NQ), Blake Higgins 11.26.97. **Women:** 100m Imogen Schubert 14.55.
- 7/11 **SAAL Port Adelaide Gift Carnival:** 120m Luke Houlihan (5.25m) 3h4 12.997, 3s3 12.954, Damian Tohl (7.00m) 4h5 13.085, James Bayliss (7.00m) 3h2 13.205, 1s6 21.126, Nickolas Berry (11.00m) 6h6 13.487, 300m Novice Nickolas Berry (31m) 4h2 35.79, 300m (U/17) Casey Buchanan (16m) 1h2 37.03, 8th 38.18, 550m Richard McMahon (82m) 3rd 1.11.87, U/20 550m Casey Buchanan (45m) 4th 1.14.46, Mitchell Wyatt 7th 1.27.41. 1600m Jordan Harvey (140m) 3rd 4.15.99, Leigh Haussen (270m) 4th 4.18.06. **Women:** 120m Jessica Macolino (13.00m) 1h1 14.35.7, 4s1 14.414, 550m Tegan Kustermann (42m) 3rd 1.22.77.
- 11/11 **SAMA Program A2 Handicap:** 800m Richard McMahon 3rd 2.35, 1000m Peter Brett 4th 3.09, Richard McMahon 7th 3.24, 2000m Peter Brett 4th 6.32.
- 14/11 **ASA Interclub 3C:** 200m Moses Milsom (-0.6) 24.60, Thomas Snyder (3.0) 24.72, 400m Thomas Snyder 54.14, Mitchell Bray 61.75, 1500m Mitchell Bray 4.41.64, 3000m Nicholas Dallimore 1st 9.43.79, Aidan Ross 2nd (U/14) 9.53.16 (U/15 NQ). **Women:** 200m Imogen Schubert 30.84, Lucy Buckley 2nd 59.83.

Acknowledgements:

SAPSASA, SAAL, SAMA, Athletics SA